

Worksheet 18: Safety and First Aid Scenario Reasoning

Choose safe actions, explain priorities, and avoid unsafe assumptions.

Part A: Scenario Decisions

1. During outdoor training, a student becomes pale, dizzy, and confused in hot weather. List the first three actions the group should take and explain the order.

2. A student falls and says their neck hurts. They are awake but scared. What should others avoid doing, and what should they do instead?

3. A minor cut is bleeding but the student is alert. What basic steps should be taken before returning to activity?

4. A fire alarm sounds while one student wants to grab their backpack. Write what you would say and why.

5. When calling emergency help, what information should be given first if time is limited?

Extra workspace / final response:

Part B: Prevention and Judgment

6. Create a risk checklist for a field activity. Include weather, water, communication, equipment, and adult supervision.

7. Explain the difference between helping and doing something unsafe because you panic.

Extra workspace / final response:
